

COTTAGE LAKE PRESBYTERIAN PRESCHOOL

P.O. Box 950, Woodinville, WA 98072 (425) 788-1569

DEVELOPMENTALLY BASED CURRICULUM

LARGE MUSCLE DEVELOPMENT: FOCUS ON AGILITY, STRENGTH, BALANCE, AND COORDINATION

Outdoor play is ideal for developing those large muscle skills. Our upper playground offers climbing and sliding, as well as natural trails and hills to play on. Our lower playground also has climbing opportunities and a large sandbox. When the weather doesn't cooperate, our "Big Room" activities include climbing, "see-saw," large balls, hula hoops, gym mats, low balance beam, parachute, group games, and much more.

SMALL MUSCLE DEVELOPMENT: FOCUS ON WRIST AND FINGER DEXTERITY, ARM AND HAND STEADINESS, FINGER SPEED, AND EYE-HAND COORDINATION

A multitude of activities is offered, including arts and crafts, cutting with scissors, block building, drawing, play-dough, bead stringing, gluing, and more.

LANGUAGE DEVELOPMENT: FOCUS ON COMMUNICATION THROUGH THE SPOKEN AND WRITTEN WORD

Singing, music, finger plays, story time, library time, class discussions at circle time, conversation at snack time.

COGNITIVE PROCESSES: FOCUS ON DEVELOPING REASONING SKILLS, INQUIRY METHODS, LEARNING TO DISCERN SIMILARITIES AND DIFFERENCES

Activities such as puzzles, sorting, measuring, science projects, magnets, magnifying glass, building, cooking, multi-cultural unit.

SOCIAL/EMOTIONAL DEVELOPMENT: FOCUS ON LEARNING SOCIAL RULES, AND FORMING A BASIS FOR SOCIAL INTERACTION IN PREPARATION FOR KINDERGARTEN

Daily activities such as free play, negotiation, sharing, forming a line, group clean-up, hand washing, good hygiene habits, circle time, snack time, and other group activities.